



THE ROOKERY



Missisquoi National Wildlife Refuge

Swanton, Vermont

Youth Newsletter

Winter 2024

Coming Events

- **Stargazing with Brian**
Friday, Dec. 6 - 5:30 p.m.
Headquarters
(Rain/Cloud date - 12/7)
To Register: friendsofmissisquoi.org
- **Monthly Bird Walk**
Saturday, Dec. 14 - 8-10 a.m.
Black Creek/Maquam
- **An Evening of Bird Tales (Zoom)**
Thurs. Feb 6 - 7 p.m.
To Register: friendsofmissisquoi.org
- **Monthly Bird Walks**
Saturday, January 18
Saturday, February 15
Saturday, March 15
Locations TBD



Borrow snowshoes from Swanton
Recreation
(802) 868-2493

5 Trails to Explore!

Walk all 5 trails and get a badge!
Check website for details.



Enjoying the trails and working on a badge



What Should I Wear?

Did you know that in Alaska, the only time kids don't go out to play is if there is a polar bear in the area? It's true! No matter what the temperature is, they go out to play! That's because they know how to dress for the weather. You won't have to worry about polar bears at the Refuge so you can go out any time! But knowing what to wear will make your experience more enjoyable. Here are some tips:

- Wear a hat! Yes, it may mess up your hair, but it will keep your ears warm so you can stay out longer. You may also consider a face mask or scarf to cover more of your face. There are some really fun options!
- Wear layers! A base layer like long underwear under a long-sleeved shirt and long pants will keep you warm while you romp in the snow.
- Wear a warm, waterproof jacket and pants! Then you can slide around all you want! Try one that has a zippered in fleece that you can remove if you happen to get too warm.
- Wear mittens! They are warmer than gloves and there are some that are made to fit over your sleeves and keep the snow out. Unfortunately, the cute knitted ones your grandma made for you won't stay dry for long.
- Wear warm socks and waterproof boots! Nothing ruins a day like getting your socks wet! Brrrr!!!



**Winter is the BEST
time to look for
animal tracks!**



Winter Clothes Crossword

1. Mittens 2. Boots 3. Jacket
4. Scarf 5. Hat 6. Pants

Image ID: 2NRN70N
www.alamy.com